

REGULATIONS, SAFETY, TERMS & CONDITIONS

GENERAL

UPSI ("Event") is owned and organized by Synapze Sdn Bhd.

1. These general rules and regulations are applicable to all **UPSI 100 UPSI 100 Years Century Ride 2022** participants. The participants agrees to provide true, accurate, current and complete information about himself / herself and hereby confirms his/her agreement and acceptance to abide by the following rules and regulations when registering for the event.
2. The Participant's age will be deemed to be his/her age on the day he/she registers for **UPSI 100 UPSI 100 Years Century Ride 2022**.

- **RIDE CATEGORY**

1. Category 1 – IPT Open
 2. Category 2 - Men's Open (19 yrs – 34 yrs)
 3. Category 3 - Men's Masters (35 yrs – 44 yrs)
 4. Category 4 – Men's Senior Masters (45 yrs and above)
 5. Category 5 – Women Open
 6. King Of Mountain (Men & Women)
3. Once registration has been completed, there will be 'NO REFUND' of registration fees to any Participants, for any reason whatsoever.
 4. Registration is strictly non-transferrable. Participants are NOT ALLOWED to transfer their ride entries to another party or change ride categories once they have registered. Participants are NOT permitted to ride under another participant's name or participant's number under any circumstance.
 5. Participant's Number: All participants will be provided with a number plate and a body number. The number plate needs to be affixed to their bicycles properly. Number plates are not allowed to be modified, cut, folded or defaced.
 6. All participants must follow the designated routes and abide by instructions given by traffic marshals and officials appointed by the Event Organizer throughout the Event.
 7. The distance and the route each categories stated on the official website: are subject to change, pending regulatory approvals. The distance and duration for all categories are approximate, and the Event Organizer reserves the right to change the distance if necessitated by circumstances.
 8. All participants are covered under a basic complimentary Personal Accident insurance by Insurance (Malaysia) Berhad ("the Insurer"), as approved by Synapze Sdn Bhd. This insurance coverage shall commence from the official start of the race till the end of the race. Each participant will be covered as follows:-
 - RM1,000 for MEDICAL EXPENSES
 - RM10,000 for PERMANENT DISABLEMENT & DEATH
 9. The above is subject to standard policy terms, conditions and exceptions as stipulated by the Insurer. All claims need to be submitted within fourteen (14) days

from the accident occurrence date with the completed claim form and supporting documents. Any payouts are subject to assessments and approvals by the Insurer.

10. The Event Organizer reserve the right to amend any of the Rules and Regulations from time to time as they deem fit. Notification to the Participants in respect amendment of the Rules and Regulations shall be effected on checkpointspot.asia (official website). The Participants acknowledge and agree to access **UPSI 100 UPSI 100 Years Century Ride 2022** Official Website at regular intervals to view the Rules and Regulations and to ensure that he/she is kept up-to-date with any changes or variations to the Rules and Regulations.
11. The event organiser reserve the right to change the registration deadline without prior notification.
12. Registration is on a first come first serve basis, subject to valid payment of registration fees.
13. The Event Organiser reserves the right to cancel or postpone the Event at any time without prior notice to the Participants, in which case the Event Organiser will make effort to inform the Participants prior to the date of the Event. If the Event has to be cancelled or postponed, there shall be no refunds of fees paid unless the Organiser deems fit to give a refund and the Event Organiser shall not be held liable for any damages, loss or inconvenience caused.
14. There will be no refunds available if the Event is cancelled for reason of force majeure i.e. due to occurrence of incidents that are beyond the control of the Event Organiser or acts of God which renders it impossible or unsafe to hold the Event.
15. The Event Organiser reserves the right to amend the Event race routes as the Organiser deems fit for the safety of the Participants and/or to prevent any potential hazards in the running of the Event, at any time without prior notice to the Participants. In such cases, every effort will be made to inform the Participants prior to the date of the Event. The Event Organiser shall not be held liable for any damages, loss or inconvenience caused due to such changes to the Event race route.
16. A rider, being a person who has entered to take part in the Event, is deemed to have given written permission to the Organiser for the Organiser to collect, analyse and collate the personal information relating to that rider. By completing the official entry form, including through online registration, the rider signals his / her agreement to abide by these R&Rs.
17. The Organiser reserves the right to use any photographs, motion pictures, images, recordings, or any other record of the Event and its riders for any commercial advertising and other promotional purposes.

TECHNICAL

A. Green Sport

- i. Cycling is a green sport.
- ii. All participants are reminded that the event route passes through areas of wildlife, mother nature, historical sites and reserves. Littering and throwing rubbish or water bottles along the route is not allowed. Participants and appointed officials for the event are prohibited from engaging in indecent behaviour including but not limited to urinating in front of public or at places of worship (mosques, churches or temples).

B. Bicycle Requirements

- i. Strictly Road bike. No TT, Fixie, Mountain and Folding bikes, unicycle, motorized bike, scooter and aero extensions allowed.
- ii. The Race Marshals have the rights to remove any participant whose bicycle is deemed unsuitable from the race.

C. Starting Line

- i. Participants must be present at the start line at least 15 minutes before the start of the race.
- ii. Disposable Timing Chip will be given to each Participant during Race Pack Collection. Should a participant lose the timing chip, that participant will not be ranked in the final timed result.
- iii. Wearing a helmet is **MANDATORY**. Participants are not allowed to race without a helmet.
- iv. Sleeveless jerseys or attire is prohibited.
- v. Participants are not allowed to draft or pace along with commissaire/marshal car or public vehicles.
- vi. Not allowed to use MP3 Players, iPods, Walkmans or other mobile music devices while riding.

D. Road Safety

- i. Only the left hand side of the road will be used during the race. All participants especially drop participants are reminded to keep to the left during the race.
- ii. **Participants who are not able to keep up with the race convoy shall ensure their own safety by following the road and traffic laws.**
- iii. **The Event Organizer** will arrange for Traffic Police support and Race Marshalls to assist in traffic control and safety measures. Each participant is reminded of the importance **to practise safe riding** to ensure their own safety and the safety of other participants.

E. Cut off Time

- i. The all category will start at **7:30am** (Malaysian time)
- ii. The cut off time for the **UPSI 100 UPSI 100 Years Century Ride 2022** is **6 hours**. The last rider needs to cross the finish line by **1:30pm**, to be entitled for the Finisher's Medal.

Remarks:

For safety reasons, if the Event Organizer and appointed officials decide that participants are unlikely to complete their ride within the stipulated cut off time, the Event Organizer and appointed officials will divert such participants to the designated points for the BROOM / SWEEPER pick up arrangement.

No support car allowed.**F. Neutral Service Function**

- i. Neutral service will be provided to all participants.
- ii. Neutral service car will be divided into 3 sections: 1. From the starting line to check point 1, 2. From check point 1 to check point 2, 3. From check point 2 to finish line.
- iii. Neutral service will also provide feeding (water) and mechanical assistance should any repairs be required.

G. K.O.M & Water Station

Will be update soon.

H. Broom Wagon (Sweeper)

- i. The Event Organizer will provide a tail lift truck or a lorry to pick up any participants facing mechanical problems or drop participants that have exceeded the cut off time.
- ii. The broom wagon will follow the last rider in the race convoy.

I. Medic & Ambulance

- i. 3 ambulances with paramedics will follow the **UPSI 100 UPSI 100 Years Century Ride 2022** convoy.

J. Finish line Participants are not allowed to turn back or cycle against the race flow after crossing the finish line. Participants are required to go straight to the resting area / designated area at the sport complex.

K. Safety Measures

- Whilst reasonable precautions will be taken by the Organiser to ensure riders' safety, riders who take part in the Event do so at their own risk. The Organiser will not be responsible or held liable for any injury or death howsoever arising from training for or by participating in the Event. Riders are strongly encouraged to consult their medical practitioner prior to registration and before Event day.
- All Riders must check and service their bikes before the Event and ensure that their bikes are roadworthy prior to the start.
- All Riders should at all times be aware of other cyclists around them.
- All Riders are to keep to the left hand side of the road unless overtaking and are reminded to observe traffic rules at all times. Overtaking on the left hand side is dangerous and will NOT BE ALLOWED.
- Riders are to call out when passing fellow cyclists.

Medical Recommendations

- Stationary Neutral Services for bike maintenance and Medical Support will be available throughout the Event. Riders MUST wear their cycling bib in order to receive such support.
- Riders who require mechanical support or medical response while on the route, may seek assistance from security personnel, event staff or traffic management personnel.
- Medical personnel reserve the right to remove a rider if he / she is judged to be physically incapable of continuing his / her ride without risk of serious injury to him / herself or others.
- Medical personnel reserve the right to make the final call to send casualties to the nearest and / or recommended hospital.

Recommendations by the Organiser, to reduce medical risk:

- Riders should drink plenty of fluids before, during and after their ride;
- Riders over the age of thirty-five (35) years and who have not done much regular exercise in the recent past, are strongly encouraged to undergo a medical check-up prior to the Event; and
- Undertake a proper training regime to prepare for the Event.

Insurance Policy

- Riders participating in the Event are advised to practise safe cycling, and their participation is at their own risk. Accordingly, the Organiser shall not be liable for any bodily injuries, loss and / or damage to property, whether personal or otherwise howsoever arising.
- The Organiser will not be liable for the actions of riders or other third parties, not employed by the Organiser or acting on its behalf.
- All riders are recommended to have their own personal accident or health insurance.
- There will be no further extensions of any registration periods.

Weather Policy

The Event will be held, rain or shine, unless the Organiser determines that conditions are too dangerous. This will be based on a prudent decision made three (3) days before the Event day or on the Event day by the Organiser and local law enforcement officials. If the Event is cancelled due to inclement weather, there will be neither refunds nor transfers. In the event of inclement weather or unforeseen circumstances, the Organiser reserves the right to alter, cancel or eliminate any / all portions of the Event.

Consent To The Event

By taking part in the Event, I agree to abide by these Rules & Regulations. **Universiti Pendidikan Sultan Idris,.** and **Synapze Sdn Bhd**, the Event Organiser, reserves the right to modify such Rules & Regulations in any way and at any times deemed necessary or appropriate, without materially affecting the terms and conditions of this cycling ride. I consent to the use of any photographs, motion pictures, images, recordings, or any other record which may include me, in any record of the Event or for future promotion of the Event.

Waiver Of The Event

In consideration of the Organiser accepting this entry, and the registration to participate in the Event, I hereby waive and release any and all rights to claims to damages I may have against the Organiser holding this Event, their agents, representatives, successors, assigns, sponsors for any and all injuries, death and invalidity I may sustain before, during or after the course of the Event or arising as a result of it. I hereby indemnify the Organiser and keep them indemnified and waived against all claims or damages that arise in consequence of the above.